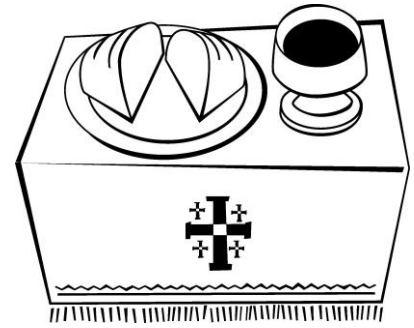


First and Last Name _____ Grades 7 & 8
(Please print.)

We Celebrate Eucharist Together

Sunday worship is very important to our identity as Catholic Christians. It is where we, as a parish family, are nourished by God's Word and the Sacrament. The Sunday Liturgy (Mass) is the gathering of the faithful to pray and give praise to God. During the Liturgy, we hear the Word of God proclaimed. The Celebrant (priest or deacon) shares his thoughts on the Word and we are to take the Word with us as we leave the Church. One way for us to truly live out the Word of God is to spend time reflecting on what these words mean to us.



Therefore, we at the Office of Faith Formation are asking you to complete this Mass reflection sheet twice a month after attending Sunday Liturgy here at St. Gertrude's.

Date and Time of Mass: _____

Name of Priest Who Said Mass: _____

Gospel Citation (Writer of the Gospel & Chapter/Verse of the Gospel): _____

Brief Summary of the Gospel: _____

Reflect on what the Gospel means to you. How does it challenge you and your lifestyle? (Write what you feel the Scripture is saying to you at this moment in your life's journey.) _____
